

PostureScreen Comparison Report for

12/28/16 and 01/11/17

The purpose of this PostureScreen report is to objectively demonstrate the measurable changes in your standing neutral posture. Since posture can be considered the window to the spine, specific abnormal postural displacements are associated with specific spinal positions. If your posture is left uncorrected, then your spine skeletal system, discs, ligaments, blood vessels, muscles and spinal nerves will be under constant asymmetrical stress and will eventually adapt with pathological changes. The benefits of near normal posture is obvious.

It is advisable to continue to seek corrective type care until your posture (and spinal alignment) is as close to normal as possible.

Your Posture Comparison from the Front View

12/28/16 03:59 PM

01/11/17 05:39 PM



Body Region	Shift (Translation)		Rotation	
	12/28/16	01/11/17	12/28/16	01/11/17
Head	0.27" right	0.05" left	0°	2.57° left
Shoulder	0.26" left	0.13" left	0°	0°
Ribcage	0.38" left	0.14" right	N/A	N/A
Hips/Pelvis	0.34" left	0.07" left	0°	0°
Total	0.88"	0.24"	0°	2.6°

12/28/16



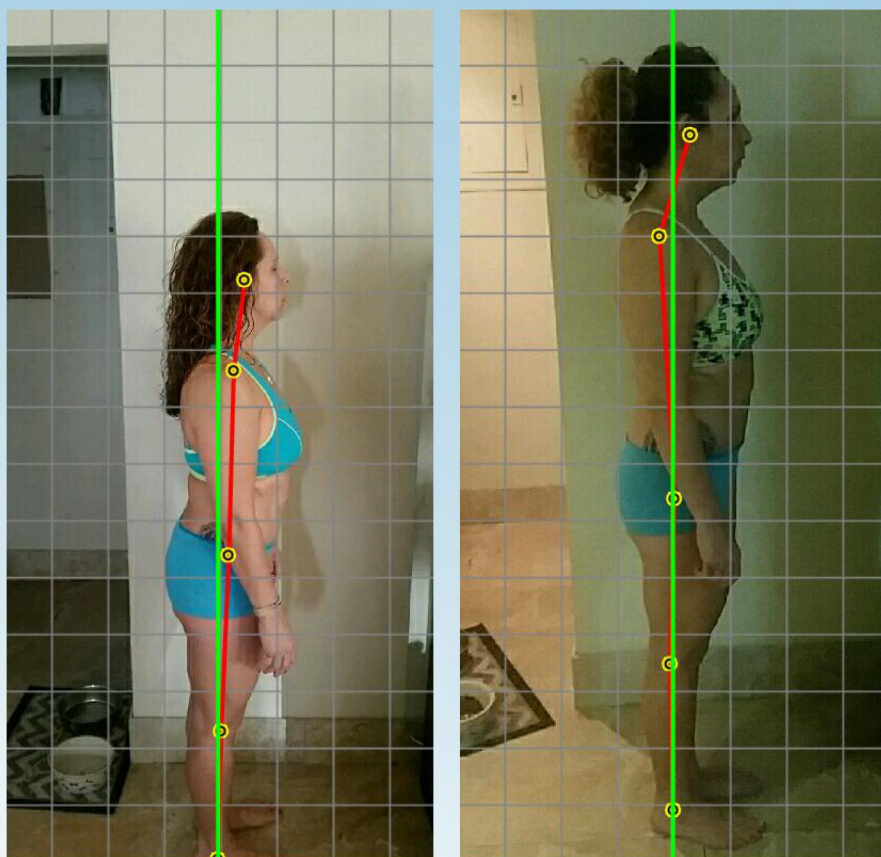
01/11/17



Your Posture Comparison from the Side View

12/28/16 03:59 PM

01/11/17 05:39 PM



Body Region	Shift (Translation)	
	12/28/16 03:59 PM	01/11/17 05:39 PM
Head	0.85" forward	2.31" forward
Shoulder	0.36" forward	1.13" backward
Hips/Pelvis	0.59" forward	0.38" forward
Knees	0.24" forward	0.25" backward
Total Deviations	2.04"	4.08"

Your head weighs approximately 11.3 lb, however, due to the physics of your postural deviations, your 'effective head weight' changes, which means it 'feels heavier' to your body. The effective weight of your head for the exam on 12/28/16 was 20.9 lb and on the follow-up exam dated 01/11/17 it weighed 37.4 lb, accounting for a total change of -44.2%.